



Academics ★ Culture ★ Community

MENU

BREAKFAST



Academics ★ Culture ★ Community

//////////
AUGUST
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4	5	6	7	8	
11	12	13	14	15	
1st Day of School - KCE WG: French Toast Sticks (3) Turkey Sausage Links (2) Cinnamon Applesauce Apple juice/ Milk	WG: Apple Jacks Cereal Pears Milk	WG/CN: Breakfast Pizza Mandarin Oranges Milk	HM: Cheesy Eggs Tortilla w/ salsa Peaches Milk	WG/CN: Super Donut String Cheese Stick Pineapples Milk	22
WG: Cinnamon Toast Crunch Cereal Pears Milk	CN: Hash Browns CN: Turkey Sausage Links (2) Mixed Fruit Milk	WG/CN: Cinnamon Muffin Banana Orange Juice Milk	CN: Strawberry Yogurt WG: Belvita Crackers WG: Granola Tropical Fruit Milk	WG/CN: Mini Pancakes Peaches Milk	29

Breakfast – Age 6-12

Milk, fluid 1 cup
 Juice/Fruit/Veg 1 cup
 Grains/Meat, alt 1 oz

Lunch - Age 6-12

Milk, fluid 1 cup
 Fruit ½ cup
 Veggies/Juice ¾ cup
 Grains/Breads 1 oz
 Pasta ½ cup
 Meat/Meat Alt 1 oz

**This is an equal opportunity
provider**

WG: Whole Grain
 CN: Child Nutrition
 HM: Homemade
 LF: Low Fat
 FF: Fat Free
 US: Unsweetened
 WW: Whole Wheat





MENU

LUNCH



//////////
AUGUST
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4	5	6	7	8
11	12	13	14	15
1st Day of School - KCE WG: Pepperoni Pizza Corn Tropical Fruit Milk	WG/HM: Beef Walking Taco Black Beans Cherry Craisins Milk	HM/WG: Mac & Cheese Broccoli Mandarin Oranges Milk	WG/CN: Sloppy Joe Tater Tots Mixed Fruit Milk	CN: Fish Sticks (5) Sweet Potato Fries Mango-Peach Applesauce Milk
WG: Chicken Tenders (3) French Fries Pineapples Milk	WG/HM: Cheese Quesadilla Refried Beans Cinnamon Applesauce Milk	HM: Spaghetti & Meatballs Garden salad WG: Breadstick Peaches Milk	WG/CN: Chicken Nuggets Sweet Potato Fries Apple Slices Milk	WG: Cheese Pizza Green Beans Cherry Craisins Milk

Breakfast – Age 6-12

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 Grains/Meat, alt 1 oz

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